

Illuminate the aisle

Whatever your skin type, a custom AlumierMD treatment plan can help you look and feel your very best

EVERY BRIDE LONGS TO WAKE UP ON her wedding day with a radiant complexion. However, finding the right skincare regime to achieve said glow is not always easy. Until you discover medical-grade skincare, that is.

AlumierMD is a bride's knight in super-charged, medical-grade armour. By delivering correct therapeutic doses of bioavailable active ingredients, its formulas effect tangible changes, targeting specific conditions and preparing skin for any rejuvenation or injectable treatments. AlumierMD formulas are corrective, clean and cosmetically elegant – a unique combination that is perfect for any bride and her entourage.

Every AlumierMD journey begins with a consultation with a skincare professional to get you started on a custom product regime. 'Not only will this make a huge difference to the skin in its own right, but it will have an impact on future in-clinic treatments too,' says Dr Beatriz Molina. 'Kickstarting your treatment plan with pre-clinic results means you will see visible differences before you even step through the door, and once you do, treatments can be more intense because your skin is in great condition.'

The timeline is key, and the sooner you can start your treatment plan the better – although it's never too late. While one to two years allows for a complete skin transformation, six to eight weeks is sufficient for your skin to gain radiance, hydration and glow. If you would like to see an improvement to a chronic skin condition, such as acne or rosacea, Dr Molina recommends following a plan for a minimum of six months.

AlumierMD experts understand that every bride is unique. As such, they hyper-customise skincare routines and in-clinic treatment plans to suit your personal preferences as well as your skin type. Whether you're a 'minimalist' aiming for a matte look or an 'adventurer' dreaming of a dewy glow, your professional can devise a multiple product routine that you will enjoy



GLOW-GETTER
*A multi-product regime is
the perfect preparation for
in-clinic treatments*

*A professional will support
you every step of the way to
ensure you meet your goals*

following and that will deliver visible results. An AlumierMD professional will support you every step of the way through regular follow-ups and reviews to ensure you're always on track to meet your goals.

While every bride's skin is unique, there are a number of common complaints, namely hyperpigmentation, dull skin and uneven skin tone. Enter, AlumierMD's leading duo of EverActive C&E™ + Peptide and EvenTone.

Clinically proven to improve the appearance of fine lines and wrinkles, EverActive C&E™ + Peptide has two components. First, a serum of vitamin E and biomimetic peptide Matrixyl® Synthe® 6, proven to hydrate and plump; and, second, the exact dose of crystallised L-ascorbic acid required to create a 15 per cent vitamin C

serum. 'I often recommend EverActive C&E™ + Peptide; the high strength vitamin C is a great antioxidant,' adds Dr Molina. The results concur, with patients in a recent study reporting their skin to be 88 per cent more radiant.

EvenTone is a lightweight serum containing naturally potent brightening agents: Emblica™, white shiitake mushroom, liquorice root extract, B-White™ and niacinamide (vitamin B3). They work synergistically to reduce the appearance of hyperpigmentation and brighten even the most dull of complexions.

When used together as part of a two-step protocol, five drops of EverActive C&E™ + Peptide can defend skin from environmental, UV and free-radical damage, while one to two pumps of EvenTone will illuminate skin by targeting hyperpigmentation thus restoring a youthful complexion.

Regardless of your timeframe, skin type, tone or condition, AlumierMD can help you to achieve a bright, clear complexion to ensure you feel confident throughout your special day.

To begin your skincare preparations and to find your local AlumierMD professional, visit alumiermd.co.uk/find-a-professional

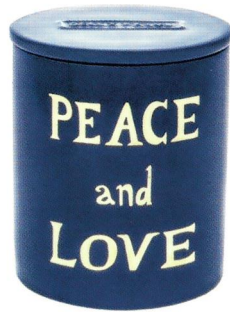
Instagram: @alumiermduk Facebook: @alumiermduk Twitter: @alumiermduk

SOMETHING BLUE

For something out of the box, head to the La Bouche Rouge counter at Harrods. Here, you can design a custom lip shade, which will then be formulated in the brand's Parisian labs, encased in a powder-blue leather case (embossed with your initials) and delivered straight to your door.



Charles, Prince of Wales and Camilla, Duchess of Cornwall



Peace and Love candle, £95, by **BELLA FREUD** at matchesfashion.com. La Laque Couture nail polish in Bleu Majorelle, £22, by **YSL BEAUTY**. Crystal Contour Gua Sha, £40, by **ODACITÉ** at cultbeauty.co.uk. Custom lipstick, from £60, by **LA BOUCHE ROUGE** at Harrods. Personalised lip balm, £30, by **L'OFFICINE UNIVERSELLE BULY** at Selfridges



David Walliams and Lara Stone



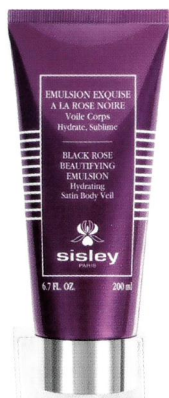
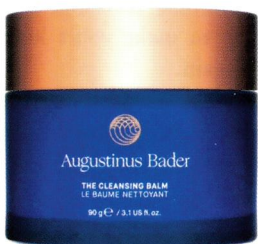
Pure Gold Radiance Concentrate, £683, by **LA PRAIRIE**. Lip Gold 24 Karat Special Edition, £86, by **QUANTUM BOTANIKA**. Gold Recovery Intense Concentrate PM, £300, by **CHANTECAILLE**. 24K Pure Gold lip treatment, £99, by **MIMI LUZON X IRINA SHAYK**

GOING FOR GOLD

Take a cue from Cleopatra, who is said to have painted her face with gold every night to retain her youth. For an irresistible pout, look to celebrity facialist Mimi Luzon, whose dual-phase lip treatment tops a vitamin E and shea butter mask with 24kt gold leaf to rejuvenate chapped lips, leaving them super soft and plump.



The Cleansing Balm, £55, by **AUGUSTINUS BADER**. Black Rose Beautifying Emulsion, £120, by **SISLEY**. The Brilliant Overnight Recharge Cream, £215, by **NOBLE PANACEA** at net-a-porter.com. The Sculpt Arm Compound, £94, by **U BEAUTY** at net-a-porter.com. The Enzymatic Peel, £64.50, by **ALUMIERM5**. AQ Meliority Intensive Regenerating Day Cream, £350, by **DECORTÉ**. Future Solution Legendary Enmei Ultimate Renewing Serum, £418, by **SHISEIDO**



Meghan, Duchess of Sussex



SKINSPARATION

An indulgent skincare routine promises a radiant wedding day complexion. To minimise mishaps, ensure all skincare products have been rigorously tested in the months beforehand. While it's tempting to try new formulas, this really is best avoided on the days leading up to the wedding.

